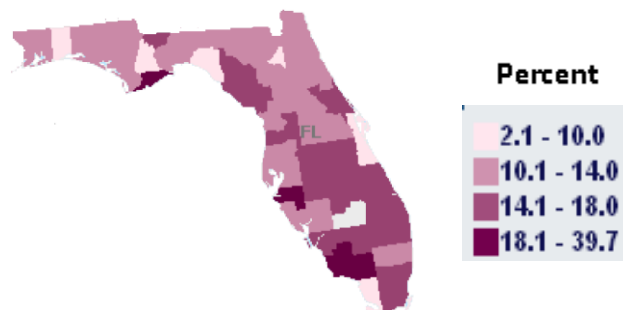


Florida State Factsheet ⁱ

Prevalence of obesity among low income children ages 2-4, 2006-2008, percent by county ⁱⁱ

Key Points

- Florida ranked 27th for protective factors against childhood obesity and 28th for healthy neighborhood environments. ⁱⁱⁱ
- Obesity among low-income, preschool-aged children rose from 11 percent in 1998 to 14 percent in 2008.
- Among adults, the prevalence of obesity increased to ≥30 in 19 of 67 counties by 2007.
- 37 percent of adults in Florida are overweight and 26 percent are obese.
- Florida will spend over 25.8 billion dollars annually by 2018 on health care costs attributable to obesity.



Sources: Pediatric Nutrition Surveillance System data mapped in the Food Environment Atlas

There are many interacting determinants of childhood obesity. Physical activity and media time are important contributors which may have greater impact on certain groups such as young children

POSITIVE BEHAVIORS BY RACE, INCOME, INSURANCE		FL (%)	Nation (%)	Best state(%)	
% of children ages 6-17 who are physically active at least 4 days a week					
overall		63.2	64.3	72.8	VT
by race/ ethnicity	White non-Hispanic	71.3	69	74.7	NC
	Black non-Hispanic	60.7	61.6	73.1	NV
	Hispanic	46.4	51.8	72.2	MT
by household income	0-99% FPL	53.5	53.8	78.6	MN
	400% +	73.8	70.9	77.6	AL
by insurance status	None	64.1	54.5	81.1	HI
	Public	57.1	60	74.3	AK
	Private	66	67.6	75.2	VT
% of children ages 6-17 with 2 hours or less or no daily screen time					
overall		71	78.1	87.7	VT
by race/ ethnicity	White non-Hispanic	82.7	82.9	96.9	DC
	Black non-Hispanic	56	61.6	70.3	NC
	Hispanic	62	75.2	93.3	UT
by household income	0-99% FPL	66.1	68.8	82.4	UT
	400% +	78.4	86	92.5	WA
by insurance status	None	72.6	72.4	89.3	UT
	Public	59.9	70.1	86.1	WY
	Private	75.4	82.4	90.3	VT

i. The first factsheet can be found at: <http://www.nichq.org/pdf/Florida.pdf>. It contains other data, including the obesity prevalence for all children

ii. Obesity defined as Body Mass Index (BMI) at or above the 95th percentile.

iii. For rankings, 1st is best and 50th is worst. Rankings are based on cumulative percents from 2007 National Survey of Children's Health. Protective factors = % reporting positive social skills + % always engaging in school + % in families which eat meals together every day. Neighborhood environment = % living in supportive neighborhoods + % in neighborhoods with no detracting elements (litter, graffiti, etc.) + % living in neighborhoods with parks, recreation centers and sidewalks

Parent physical activity is a strong predictor of the activity of their children

% OF PARENTS PHYSICALLY ACTIVE, 4 or more days/ week	FL (%)	Nation (%)	Best state(%)	
Mother	31.9	32.9	42.9	VT
Father	51	44.9	57.6	HI

The community in which a child lives influences their daily access to healthy food and physical activity

LIVING IN HEALTHY NEIGHBORHOOD ENVIRONMENTS

% of children living in supportive neighborhoods		FL (%)	Nation (%)	Best state(%)	
overall		80.6	83.2	92.9	UT
by race/ ethnicity	White non-Hispanic	88.3	88.8	94.7	UT
	Black non-Hispanic	62.6	71	85.9	AK
	Hispanic	79.3	76.1	90.6	VT
by household income	0-99% FPL	65.7	70.7	89.2	UT
	400% +	88.2	91.1	98	UT

% of children living in neighborhoods with NO graffiti, dilapidated housing or litter

overall		FL (%)	Nation (%)	Best state(%)	
overall		77.1	71.4	78	MA
by race/ ethnicity	White non-Hispanic	81.6	75.6	81.9	CT
	Black non-Hispanic	70.5	63	78.3	MA
	Hispanic	75.5	66.5	86.8	AL
by household income	0-99% FPL	59.7	57.4	72.9	CO
	400% +	90.5	83.2	90.5	FL

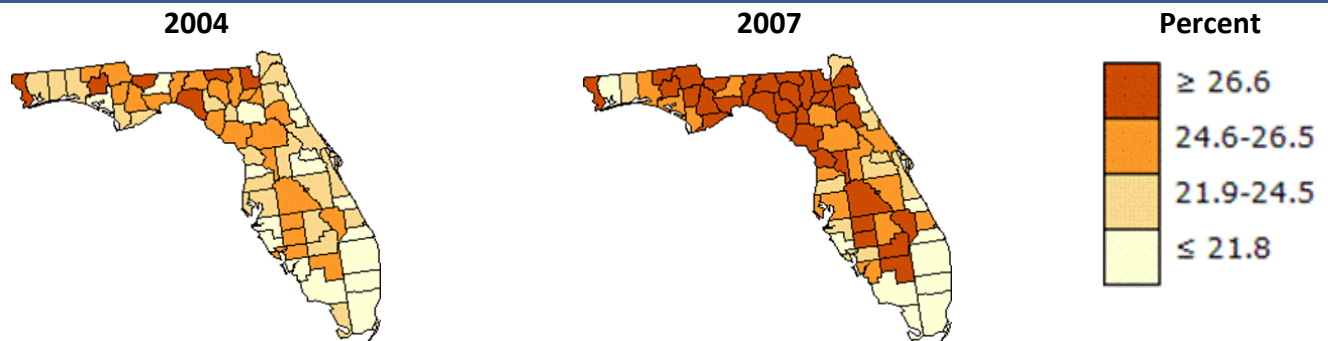
% of children living in neighborhoods with parks, recreation centers, and sidewalks

overall		FL (%)	Nation (%)	Best state(%)	
overall		61.4	65.1	87.4	UT
by race/ ethnicity	White non-Hispanic	62	62.6	95.2	DC
	Black non-Hispanic	67.9	72.4	95.8	RI
	Hispanic	52.1	62.7	82.1	SD
by household income	0-99% FPL	54.5	57.6	88.2	MA
	400% +	66.2	73.4	92.4	DC

Other factors in the social environment may also protect against obesity

PROTECTIVE FACTORS	FL (%)	Nation (%)	Best state(%)	
Positive social skills	92.2	93.6	97.1	MN
Usually or always engages in school	82.8	80.5	86	MA
Involved in at-least one after-school activity	79.9	80.7	90.5	MN
Family eats meals together every day	48	45.8	54.2	ID

AGE-ADJUSTED ESTIMATES OF THE PERCENT OF ADULTS WHO ARE OBESE IN FLORIDA



Data from Centers for Disease Control and Prevention: National Diabetes Surveillance System. Available online at: <http://www.cdc.gov/diabetes/statistics/index.htm>.

COST OF ADULT OBESITY IN FLORIDA, MILLIONS OF DOLLARS			
2000 (actual)	2008 (projected)	2013 (projected)	2018 (projected)
3,987	4,873	9,389	25,804

Source: 2000 data are from Finkelstein, et al: "State-level estimates of annual medical expenditures attributable to obesity". 2008 - 2018 projected estimates are from Thorpe: "The Future Costs of Obesity: National and State Estimates of the Impact of Obesity on Direct Health Care Expenses"